

Nancy Bohannon's Algorithm

- Begin with 10 units glargine at bedtime
- Test FBG qd
- Increase by 2 units daily if FBG is >8.3 , until FBG <8.3
- Once FBG is <8.3 increase insulin by 1 unit qd until FBG is <6.7
- Once FBG is <6.7 , increase by 1 unit every 2 to 7 days until FBG is mostly <5.6