

Bohannon algorithm

- Begin with 10 units Lantus at bedtime.
- If FBS is over 150 routinely, increase Lantus by two units nightly until FBS goes below 150, then
- Increase Lantus by 1 unit nightly until FBS goes under 120, then
- Increase Lantus by one unit every 2 to 7 days until most FBSs are under 100 OR hypoglycemia occurs (<65)